

A Quick-Reference Chart for Strength
(Marvel Super Heroes Adventure Game - SAGA rules)

As you can tell, this is just a quick-reference chart. This one is simply a conversion of the Strength FEAT chart from the Marvel Classic RPG. This one seems to fit the characters' capabilities pretty well. Remember that a bench press is an exercise that requires controlled and repetitive motion. The maximum weight listed is not the character's absolute lifting limit, but rather the most that a character can bench-press. A character may be able to lift more or less weight, depending on a variety of factors, such as motivation, adrenaline, or the shape of the object to be lifted.

Strength Score	Description	Can Bench Press (in Pounds)	(In Tons)
0	Insubstantial	0 lbs.	0 tons
1	Weakling	1 – 24 lbs.	0 tons
2	Low-Strength Human	25 – 50 lbs.	0 tons
3	Average-Strength Human	51 – 75 lbs.	0 tons
4	Average-Strength Human	76 – 100lbs.	0 tons
5	High-Strength Human	101 – 150 lbs.	0 tons
6	High-Strength Human	151 – 200 lbs.	0 tons
7	Pro-Athlete Level Human	201 – 300 lbs.	0 tons
8	Pro-Athlete Level Human	301 – 400 lbs.	0 tons
9	Maximum Unaltered Human	401 – 600 lbs.	0 tons
10	Maximum Unaltered Human	601 – 800 lbs.	0 tons
11	Enhanced or Peerless Strength	801 – 1200 lbs.	0 tons
12	Enhanced or Peerless Strength	1201 – 2,000 lbs.	½ to 1 ton
13	Far Stronger Than Human	2,001 – 8,000 lbs.	1 – 4 tons
14	Far Stronger Than Human	8,001 – 20,000 lbs.	4 – 10 tons
15	Unbelievably Strong	20,001 – 50,000 lbs.	10 – 25 tons
16	Unbelievably Strong	50,001 – 100,000 lbs.	25 – 50 tons
17	Overwhelmingly Strong	100,001 – 130,000 lbs.	50 – 65 tons
18	Overwhelmingly Strong	130,001 – 160,000 lbs.	65 – 80 tons
19	Upper Limit of Mortals	160,001 – 180,000 lbs.	80 – 90 tons
20	Upper Limit of Mortals	180,001 – 200,000 lbs.	90 – 100 tons
21+	Beyond Mortal	200,001+ lbs.	100+ tons